



Timor Talk

Timor Primary School—1207

Ph: 5461 2595

timor.ps@education.vic.gov.au

Newsletter No. 10 / 31st July, 2025

KEY DATES

TERM 3-2025

21st July - 19th September
9 Weeks

Friday 1st August

Noel Pollard Basketball
Tournament, 4-6

Monday 4th August

2/3 Excursion, Waste
Recycling

Wednesday 6th August

Dunolly Cluster Athletics
Day, 3-6

Friday 8th August

Curriculum Day—Student
Free

11-15th August

Science Week

Friday 15th August

MDPSSA Athletics Day,
select students

18th-22nd August

Book Week

Thursday 4th September

Fathers/Special person
Breakfast & Stall



Principal's Report...

SRC Fundraiser

On the last day of Term 2 the SRC held a successful
'Pyjama Day'.

In conjunction with the Biggest Afternoon tea held in
June, funds raised for the Cancer Council totalled
\$209.15.

Thanks to the school community for supporting both
fundraisers.



School Updates

Attendance

Data up until Thursday 31st July 2025:

Students with 20+ Absence days:

0 Days —4%

1-10 Days —35%

11-20 Days —48%

20+ Days —9%

30+ Days —4%

Class Attendance Data:

P/1—91%

2/3—85%

4/6—90%

Please be aware of our [Attendance Policy](#) located on our [website](#)

Student attendance is extremely low at the moment. We are aware that some students are unwell and its certainly the time of year for it with the cold weather hitting but staying at home due to '**getting up late**', or the weather being '**too cold**' or '**too wet**' aren't suitable reasons for your child to be absent from school.

If your child is unwell and absent from school they should have been to a doctor.



**PSYCHS
IN SCHOOLS**

Provisional Psychologist Prarthana Sharma will be supporting 7-8 students and families this semester in the Psychs in Schools program. Five of the students will continue with 2-3 new referrals. If you believe that your child would benefit from a

Psychologist, please contact Michelle Coburn or Andrew Tatchell.



School Saving Bonus

School Saving Bonus

Processes have now been completed within the school finance system to reflect that the \$400 School Saving bonus is available as an 'Activities' credit for families to use against school activities & excursions. Any activities that require a family payment will be advised that SSB funds are available.

If you have any concerns around the use of the funds please call into the office on Tuesday or Thursday to see Andrea.

School Updates

NDIS Funded Therapy in Schools



Principals may receive requests for NDIS funded therapists to deliver therapy on school grounds or virtually during school hours. The department is committed to supporting NDIS participants and their families to optimise the benefits offered by the NDIS. Consistent with this commitment, Victorian government schools are encouraged to accommodate students and their parents/carers exercising choice and control in relation to NDIS supports.

On this basis, requests for NDIS funded therapy to be delivered at school or virtually during school hours should be approved unless the specific circumstances raise practical, legal and/or educational issues that make the approval of the request unfeasible or unreasonable.

When deciding whether to approve a request for NDIS funded therapy in schools, principals may consider a variety of factors including:

- individual circumstances of the student
- student access to the curriculum
- Child Safe Standards and duty of care including the ability of school staff to supervise the student while the NDIS funded therapy is being provided
- practical and administrative capacity
- anti-discrimination obligations.

There will be a 3-step process that will need to be followed for NDIS funded therapists being able to deliver therapy on school grounds or virtually:

1. Request Information – Funded therapist contacts principal seeking the 'Request Form and Parent Consent Form'. Funded therapist completes and submit all the relevant documentation.
2. Make a Decision – Principal decides whether to approve an NDIS funded therapist request, based on the key considerations. Principal to inform the funded therapist of the outcome.
3. Practical Arrangements – Principal, funded therapist and parents to organise the practical arrangements. Pending the dosage, a 'License to Use School Premises' may need to be completed.

Please see Andrew for further clarification on any concerns.

School Updates

Step into Prep #2

The second Step into Prep session took place on Friday 27th June from 9:00-11:00am. Five children attended and experienced a morning of Prep at Timor PS.

A reminder that 2026 Prep enrolment documentation is now overdue.

ENROL NOW

SRC Fundraiser

The SRC held a 'Build a Burger' fundraiser on Thursday 3rd July. Students and staff enjoyed a beef or chicken burger and a fruit box. The SRC raised approximately \$124.00.

Bunnings Visit

The 'Gardening Group' were treated to a visit by Bunnings last Thursday. The Bunnings team generously donated seedlings and plants for our vegetable garden. The students had the opportunity to plant out the garden beds. Michelle Coburn will use the fresh produce later in the year to produce healthy choice lunchbox snacks and lunches.



UPCOMING EVENTS

Noel Pollerd Basketball—Friday 1st August

Tomorrow students in years 4-6 will participate in the Noel Pollerd Basketball tournament at the Maryborough Sports and Leisure Centre against other local schools. 2 teams will complete in Division 2. **Students should be dropped off at the Leisure centre at 9am to meet Ms Byrne & Olivia in the foyer. Students must also be collected from the venue at 2pm.**

2/3 Class Excursion—Waste Recycling—Monday 4th August

Next Monday, students in Years 2 & 3 will visit Waste Recyclers in Flagstaff as part of their 'Recycling' Integrated Studies topic. The students will learn about the recycling process as well as have a look at the 10 cent container deposit scheme. Students will attend from 12.15-1.30pm. **Please complete the permission form on uEducateUs by tomorrow.**



Dunolly Cluster Athletics Day—Wednesday 6th August

Next Wednesday, students in Years 3-6 will participate in the annual Cluster Athletic sports at Pascoe Reserve in Maryborough. **Students should be dropped at the venue between 8.45-9am and collected between 2.30-2.45pm. Students are required to wear full school uniform with runners—strictly no boots.** Students will participate in a variety of athletic events, collecting points for our school. The school with the highest points is declared the champion school for 2025. Please complete the permission form on uEducateUs by Tuesday next week.

If the event is postponed the school will provide this information via uEducateUs and our school Facebook page at approximately 8:00am. The backup day is Monday 11th August.

Curriculum Day—Friday 8th August

Friday 8th August will be a student free day for staff to complete Professional Learning.



MENTAL HEALTH & WELLBEING

ENGAGE



Demi, Destany and Shai worked with Michelle, learning how to safely use knives to make ham and cheese pizzas!



Diamond Bunnies creating their masterpieces! They worked together, took turns and practiced kindness. The session ended with mindful music under the weighted blanket!



WELLBEING CONTINUUM

Check in with your child. This tool aims to support conversations around children's wellbeing. The tool provides a snapshot of a child's social and emotional wellbeing at a point in time.

How are you feeling today?



The Children's Wellbeing Continuum



GEM CHAT



MINDFULNESS:

Name 4 things you can see, 3 things you can hear, 2 things you can touch, 1 thing you can smell.

A fantastic strategy when feeling anxious!



Everyone so happy to be back in Term 3!

BACK TO SCHOOL



Coming to school every day is important because then you learn and if you don't come everyday you don't get smart.
-Rhyder H

Please be aware of our **attendance policy** located on our **website**

Stay connected with us – we're here to support you and your child's success every step of the way



STUDENT ZONE

WELLBEING TIP OF THE WEEK

Check in with yourself.
Ask yourself: How am I feeling today?
It's okay to feel a mix of things – happy, tired, nervous or excited.

Taking a moment to notice your feelings can help you make good choices and ask for help if you need it.



STUDENT INTERVIEW

Rhyder H

WHAT IS MINDFULNESS?

Mindfulness is like a gem inside you. It is like you look inside your body.

WHAT DOES YOUR BODY FEEL LIKE WHEN YOU ARE CALM?

It feels like when you make new friends and you love them.

HOW DO YOU HELP YOURSELF FEEL CALM WHEN YOUR MIND IS BUSY?

Put some music on and do some quiet colouring.



HAHAHA

What do snails do on their birthday?
They shellebrate!

Isabella H

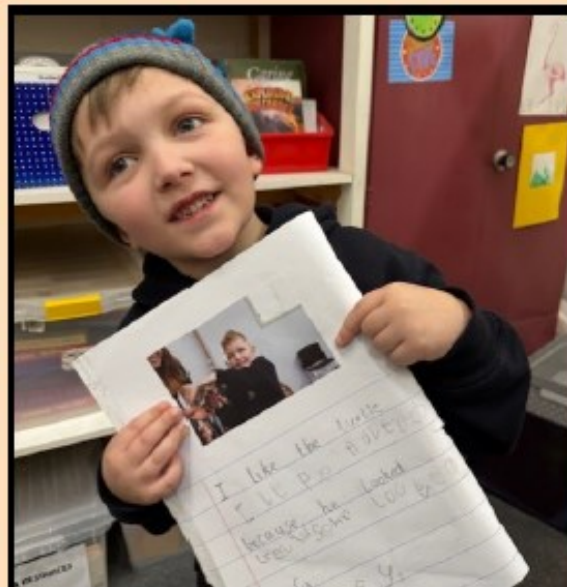


STUDENT ADVICE COLUMN

What if I don't get along with someone in my class?

I think everyone must have good behaviour in your class. I would play with both of you in the yard. Help your friend feel joy so they don't think about it.

Jack I



I am proud of this work because I like the sentence and I worked hard.

Axel B

THE

RESILIENCE
PROJECT™

TRY AT HOME

TRY IT AT HOME FAMILY ACTIVITY: MINDFUL BREATHING

YOU WILL NEED:

- Time together as a family, inside or outside.

WHAT TO DO:

- As a family, sit or lay somewhere comfortable in the house or in the backyard.
- Get comfortable in your own space.
- Set a timer for five minutes.
- For the set time, focus on your breaths, breathing in and out (you might want to place your hands on your tummy to feel the rise and fall).
- As a family, discuss what each person could hear, smell and see.



Family Mindfulness habit builder:

Go on a family walk and encourage each family member to take note of three new or interesting things they see. Have a family discussion about each of the items.

We would love to see what you are doing at home. Please share some photos or let your child's teacher know what you have enjoyed.



The practice of **mindfulness** is about an awareness of life as we are living it. It allows us to be responsive to our experiences rather than being reactive and to live with greater balance, presence and connection.

Children's Wellbeing Continuum



At our school, we know that children's wellbeing is just as important as their learning. That's why we use tools like the Children's Wellbeing Continuum to help us understand how students are feeling, coping, and connecting.

The Wellbeing Continuum helps us (and you at home) to think about:

- When a child is doing well and thriving
- When they might be just getting by
- Or when they could be struggling and needing extra support

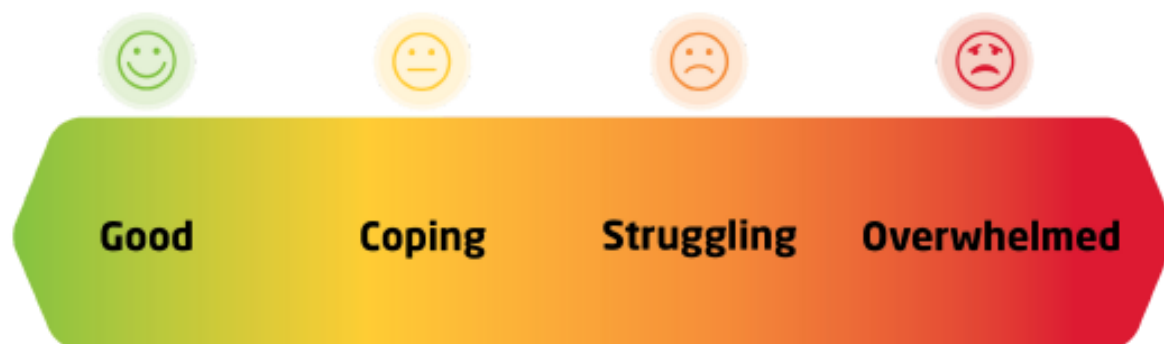
It's not a test – it's a simple way to check in and notice how children are going socially, emotionally, and mentally.



Centre for Community Child Health



The Children's Wellbeing Continuum



© 2022 Mundoch Children's Research Institute

These simple conversations can help children build awareness of their feelings, know that it's okay to talk about them, and remind them that support is always there.

Together, we can help every child feel safe, seen, and supported – every day.





Every day counts

Missing **one day per fortnight**
adds up to missing
four weeks of school a year.

WHAT'S BEEN HAPPENING?

Turf Landscaping

Over the holidays work was completed to install synthetic turf between the Basketball court and Playground area. This has completed the look of the area after turf was installed on the other side of the Basketball court last year. Thanks to Front 2 Backyard Solutions for completing the project.



WHAT'S BEEN HAPPENING?

NAIDOC Celebration Excursion

Students and staff attended the NAIDOC celebration at the Maryborough Pony Club on Thursday 3rd July. The students enjoyed participating in a cleansing, welcome and smoking ceremony, football and netball clinics, craft, arts, displays, painting, and there will be plenty of giveaways.

