



Timor Talk

Timor Primary School—1207

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Newsletter No. 16 / 14th November, 2025

KEY DATES

TERM 4-2025

6th Oct- 19th December
11 Weeks

Friday 21st November

Yr 4-6 EBT Robotics Event

Friday 21st November

2026 Prep Transition #1

Friday 28th November

2026 Prep Transition #2

1st & 3rd December

Student Led Conferences

Wednesday 3rd December

School Council Meeting

Thursday 4th December

Yr 6 Graduation Dinner—
Bull & Mouth, 5.15pm



**HATS ARE COMPULSARY
IN TERM 4**



Gymnastics

Students completed their 4 sessions of gymnastics last Friday thanks to funding from the Sporting School Program.

Goldfields Gymnastics co-ordinated the sessions with students practising their skills on a variety of activities.



Be Respectful – Be Responsible – Achieve your Potential

School Updates

Attendance—Every Day Counts

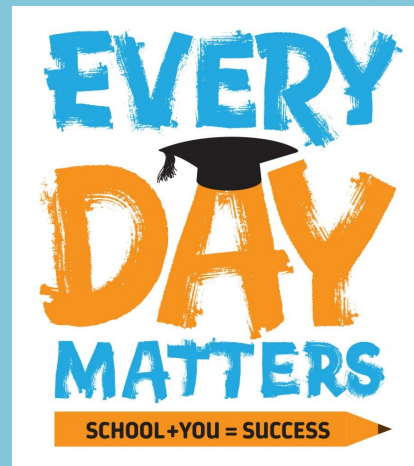
At Timor PS, we prioritise regular school attendance. We will work with families to ensure students are in class with their peers and teachers and enjoying all the benefits that brings.

Attending school every day means experiencing what counts – the learning, friendship, fun and opportunities that can shape your child's future.

We understand that there are times when your child will need to miss school but to ensure minimal disruption to their education, please consider scheduling family holidays or medical/dental appointments outside of school time. If your child is well enough to attend but is worried about friendships, schoolwork or tests, please encourage them to come to school. Avoiding school can make these feelings worse and can create a negative pattern of behaviour.

If your child is having difficulty attending school, talk to their teacher or our Engagement and Wellbeing Coordinator Michelle Coburn about getting support.

We know that parents and carers can be juggling challenges daily to get your children to school. If your child must miss school, notify us as soon as possible via uEducateUs so we can work together to support them.



Students with 20+ Absence days as at

13th November:

0 Days —0%

1-10 Days —17%

11-20 Days —33%

20+ Days —37%

30+ Days —13%

52% of students have been absent more than 20 days or 4 weeks or nearly half a term of schools so far this year

For more information about the importance of everyday attendance, see [Attendance and Missing School](#).



School Uniform—Hats & Sunsmart

Timor PS is a SunSmart school. It is compulsory for students and staff to wear a broad brimmed hat in term 1 and 4 whilst outdoors. The school also provides sunscreen for all students and staff.

Hats can be purchased from the office for \$10.00

Did you know?? We have a SunSmart widget on our website for you to check the live UV index!



Every day counts

Missing **one day per fortnight**
adds up to missing
four weeks of school a year.

School Updates

2026 Planning

Congratulations to Ebony Raven (Teacher), Olivia Butler (Teacher Assistant) and Michelle Coburn (Engagement and Wellbeing Officer) as they were the successful applicants for the recently advertised positions. Claire Collett was the successful applicant for the .2 (1 day) classroom teaching position and will job share with Shandelle Wood.

Tutor Learning Initiative is no longer funded by the Department. The Mental Health in Primary Schools program will continue with Ashleigh Hoban in the role and the school will again be accessing external supports Psychs in Schools (Provisional Psychologist 1 day per week) and a Speech Pathologist 3 hours per fortnight to support identified students.

Mrs Kate Lee will again be teaching Visual Arts and Mr Andrew Tatchell will be teaching Physical Education. Classroom teachers will teach Auslan (language) and Performing Arts (Music/Drama) online.

	PREP	ONE	TWO	THREE	FOUR	FIVE	SIX	CLASS NUMBERS
P/1	6	5						11
2/3			6	8				14
4/5/6					8.2	5	5	18.2
								43.2

2026 Parent Payment Policy

School Council have approved the 2026 Parent Payment Policy and a copy will be sent home today which includes details for ordering book packs for students to use and own next year. **Please place orders prior to Friday 12th December** to ensure delivery before the 2026 school year commences.

A copy of the policy has been placed on uEducateUs, sent via email & placed on our Website.

Please see Andrea if you need any further clarification or assistance.





TIMOR PRIMARY SCHOOL 2026 BOOKPACKS

Your 2026 school book pack can be purchased on line at Education Plus.
All orders will be sent to the school for distribution.
Orders will not be sent to personal addresses.

Booklist must be completed online by

**Friday 12th December 2025 to ensure delivery before
the start of the school year.**

Any orders after this date will incur a delivery fee of \$15.00

To complete on line go to:

www.edplus.com.au

Your school login details are:

TIMP2026M



Education Plus



Click on the "Booklist" tab in the top menu, then enter the code above in the "Code" box. Press enter and follow the instructions to complete you order.

Make sure you go all the way to the "Place Order" tab.
Once you have done this you should receive a confirmation email confirming your order, if you do not receive this email please contact our store.



Education
Plus

15 Phillips Drive,
Kangaroo Flat, Vic., 3555
Phone: 54478588
Email: sales@edplus.com.au
www.edplus.com.au

WHAT'S BEEN HAPPENING?

Tabloid Sports P-2—Wednesday 5th November

Yesterday Timor PS went on the bus to the Little Aths track.

There were lots of fun activities. I was in the wombat team.

First we played tug of war. It was really hard but it was amazing.

My favourite was the relay race. Destany and I were the fastest in the relay. It was really amazing!

By Rhyder



Yesterday the Prep, One, Twos rode on the bus to the big oval.

We ate some snacks before activities.

I was in the Kangaroo team.

I enjoyed the cat and mouse game.
We won!

By Piper



WHAT'S BEEN HAPPENING?

5/6 Cottage by the Sea Camp—10-14th Nov

Students in Years 5/6 are returning today following their Cottage by the Sea Camp in Queenscliff with students and staff from the Cluster. Ms Byrne, TA Olivia Buter and Pre-Service Teacher Zac Stanley have reported that the students are having a fantastic time experiencing the beach, Marine Discovery Centre, Marine Discovery Boat Charter, Barwon Heads Bluff (rock pooling), Boogie boarding, Fishing Charter, Point Lonsdale Lookout, Pier and Lighthouse and Dye dodge-ball!



UPCOMING EVENTS

Year 4-6 EBT Robotics, Friday 21st November

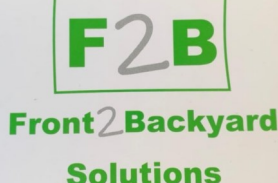
Students in Years 4/6 will be participating in the annual Energy Breakthrough Program on Friday 21st November. Students have again opted into the Robotics section where 4 teams—Alpha Bots, Bolt Scavengers, Mechanical Animals & Monkey Bots will problem solve through a range of tasks with their team mates. Students will also be interviewed by judges, asking them about their learning journey.

Students have designed team uniforms (polo shirt) and will receive a Bendigo bank hat and drink bottle. Lunch will be supplied on the day, kindly donated by our sponsors.

Timor Primary School would like to thank the following sponsors:



FITTERFASTER



UPCOMING EVENTS



2026 PREP TRANSITION DAYS

Our 2026 Prep students are invited to attend school for the following transition days



Friday 21st November



9 am - 11 am



Friday 28th November



9 am - 11 am



Friday 5th December



9 am - 11.30 am



Tuesday 9th December



9 am - 12pm



**WE LOOK FORWARD TO WELCOMING
OUR NEW STUDENTS AND FAMILIES**

UPCOMING EVENTS

The Connected Circus— Monday 24th November, 2025



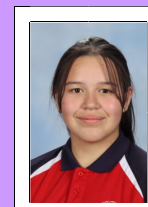
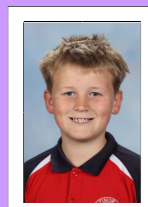
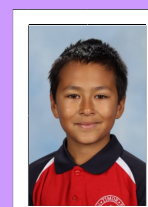
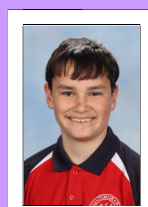
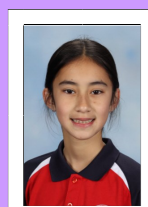
Students will participate in the Connected Circus Wellbeing Workshops. Students in Years 4/6 are taught about Persistence, Resilience & Leadership through using a range of Circus props. Students also learn how to facilitate Circus workshops using these Props for others.

Over the course of the day, these students will be supported as leaders to teach the rest of the school community. Thank you to Mrs Hoban for organising the incursion and the Bates Foundation for providing funding to minimize student disadvantage by increasing their educational experience.

**A hard copy media consent and release form has been sent home.
Please return these prior to the day**

Year 6 Graduation—Thursday 4th December

This years Year 6 Graduation is scheduled for Thursday 4th December, starting at 5:00pm at the Bull and Mouth Hotel Maryborough. This year we will have 6 graduating students. Families will receive further information regarding the evening soon, which will include number of family member allocation and pre-order dinner form (payment made on the night). The school covers the cost of the students meal.



MENTAL HEALTH & WELLBEING

Our Gardner's of the Round Oven have been busy in the garden, weeding and planting. Thanks so much Jo Wyhoon for the generous donation of seedlings and seeds. The students had so much fun planting them all with Olivia.



Our fairy garden is well underway with some of the students creating fairy houses to be displayed around the school. Stay tuned for the finished products!



Stay connected with us — we're here to support you and your child's success every step of the way

GEM CHAT

EMOTIONAL LITERACY:

List all the emotions you have felt since waking up this morning.

Discuss with your family!



FAMILY RESOURCE

The Loddon Children's Health and Wellbeing Local provides a range of health and wellbeing services to children up to 11 years of age who may be experiencing some challenges such as developmental, emotional, relational or behavioural concerns.

<https://loddonchwl.com.au/information-for-families/>



In SEL, Prep/One students explored careers and learned that it doesn't matter who you are, any career is open to you!

Future me is looking bright!



Attendance Challenge:

Can your class get 95% attendance next week?

Tip: Set a morning routine.

Wake up, have breakfast, brush teeth, get dressed, grab your bag — same order each day!



STUDENT ZONE

KINDNESS SHOUT OUT!

Rhyder!

Every morning when I see Rhyder I ask 'how are you?'. After his response he always so nicely asks how I am back and genuinely cares.

-Mrs Hoban

**TREAT
EVERYONE
WITH
KINDNESS**



Wellbeing Tip of The Week

When you feel busy or stressed, pause and take three slow breaths. Notice what you can see, hear, and feel around you. It helps calm your brain and get you ready to learn.



STUDENT ADVICE COLUMN

What can I do if I am having a bad day?

You can go talk to someone if it is a big problem. If it is a little problem you can do your favourite thing to forget about it.

Brayden W



STUDENT INTERVIEW

Zhalia W

HOW CAN YOU TELL HOW SOMEONE ELSE IS FEELING?

Their smile. If they are frowning and have their head down and their hood on they are sad.

WHY IS IT IMPORTANT TO TRY AND UNDERSTAND HOW SOMEONE ELSE IS FEELING?

If you knew you could help them e.g. if they look lonely in the yard you could play with them.

WHO HELPS YOU WHEN YOU ARE FEELING BIG EMOTIONS?

Deb, Michelle, Miss Raven and Ms Wood. They help me feel calm.



We are grateful for our friendships!



TRY AT HOME

TRY IT AT HOME FAMILY ACTIVITY: **MOOD CHANGERS**

YOU WILL NEED:

- Time together as a family.
- Mood changers template (or you can create/draw your own).
- Textas and pencils.

WHAT TO DO:

- As a family, take some time to discuss the things in your lives that bring you joy, make you smile, and contribute to your happiness. Consider activities such as laughing, bike riding, dancing, reading or colouring in as examples that can uplift your spirits. Reflect on how engaging in these activities can positively impact your mood, especially during times when you're feeling down.
- Think of four specific things that consistently bring you happiness. These could serve as effective tools to improve your mood when you're feeling sad, angry, frustrated, annoyed or upset. Use the template provided to draw or write about your mood changers.
- Choose a spot in your home to display these mood changers. They can serve as visual reminders and prompts to engage in activities that promote emotional well-being.

Family Emotional Literacy habit builder:

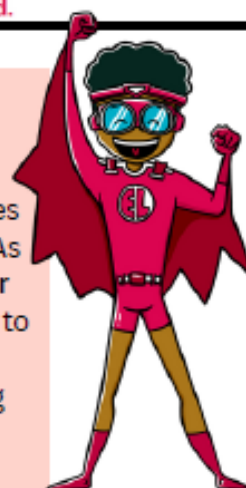
Around the dinner table, ask everyone to share a feeling they felt during that day. Discuss how they dealt with that feeling, and then share strategies you could use when faced with particular feelings.

We would love to see what you are doing at home. Please share some photos or let your child's teacher know what you have enjoyed.

WHAT IS EMOTIONAL LITERACY?

Emotional literacy is about understanding and talking about our feelings.

Working on our emotional literacy skills provides us with opportunities to enhance our understanding and expression of various emotions. As we improve our emotional literacy skills, we can better recognise our own feelings and enhance our ability to manage them. This equips us to navigate diverse experiences, including handling conflicts, forming friendships, coping with challenging circumstances, and maintaining resilience when faced with change



THE RESILIENCE PROJECT.

Family Activity

MINDFUL MOVEMENT: CONNECTING BODY & MIND

As a family, discuss how often when we move, we do so mindlessly. We are more focused on where we are trying to get to or the thoughts spinning around in our heads. **When we move with mindfulness, it becomes a fantastic way to bring together movement of the body and focus of the mind.**

ACTIVITY IDEA: FAMILY WALKING MEDITATION

Set aside time to take a short walk together. As you walk, practice mindful movement by focusing on each step you take. **Remind yourselves that your body is moving, while your mind remains calm and present.**

Here are some ideas to help you focus:



Pay attention to **your breath** as you walk.



Notice how your **arms swing**, your **feet lift**, and your **knees bend**.



Focus on the sensation of your foot touching the ground: heel, ball, and toes.

After your walk, talk about how it felt. Did it help you feel more centered? Where else in your daily life could mindful movement be helpful?



TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



@theresilienceproject__



The Resilience Project



The Resilience Project



theresilienceproject.com.au

Children's Wellbeing Continuum



At our school, we know that children's wellbeing is just as important as their learning. That's why we use tools like the Children's Wellbeing Continuum to help us understand how students are feeling, coping, and connecting.

The Wellbeing Continuum helps us (and you at home) to think about:

- When a child is doing well and thriving
- When they might be just getting by
- Or when they could be struggling and needing extra support

It's not a test – it's a simple way to check in and notice how children are going socially, emotionally, and mentally.



Centre for Community Child Health



The Children's Wellbeing Continuum



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These simple conversations can help children build awareness of their feelings, know that it's okay to talk about them, and remind them that support is always there.

Together, we can help every child feel safe, seen, and supported – every day.





ANYBUDDY CAN PLAY

PLAY.AFL/SUPERKICK

MARYBOROUGH & SURROUNDS

Come and play with AFL Players!

FREE FOOTBALL
with every registration

HEDGES OVAL

FRIDAYS - STARTING 14th Nov
(Session running 14th, 21st, 28th, Nov and 2nd, Dec)

4 Session Program 4.30PM - 5.30PM

FINAL SESSION WILL BE ON TUESDAY 2ND DECEMBER
AND WILL FEATURE A VISIT FROM AFL FOOTBALLERS

AFL PLAY

ALL GIRLS GROUPS





LIVE THE OUTDOORS
OUTDOOR ADVENTURE
TECH FREE FUN
MEET NEW FRIENDS & MAKE
MEMORIES TO LAST A LIFETIME....

Cave Hill Creek Summer Camps 2026



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**Four great programs
for 8-15 year olds!
January 2026**



**Camp #35: 7-9 Jan
Camp #36 & Camp OUT:
12-16 Jan
Camp #37: 19-23 Jan**

