



TIMOR TALK

TIMOR PRIMARY SCHOOL—1207

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NEWSLETTER NO. 16- 15TH OCTOBER, 2026

KEY DATES

21-23 OCT

Smile Dental Squad

26th & 28th OCT

SSG Meetings

27th OCT

Performing Arts
Excursion

MONDAY 2ND NOV

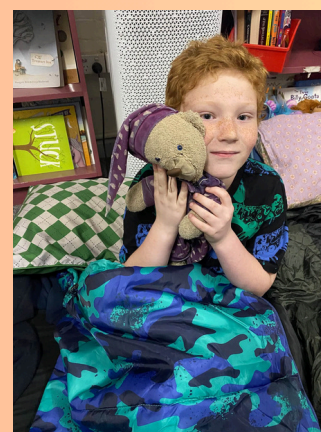
Curriculum/Student
Free Day

TUESDAY 3RD NOV

Melb Cup Public
Holiday

Yr 2 Sleepover

Students had a fantastic experience sleeping over at school on the 17th September. They enjoyed outdoor games, pizza, a dance party then movie & popcorn.



SCHOOL UPDATES



Australian Fire Danger Rating System

The Australian Fire Danger Rating System

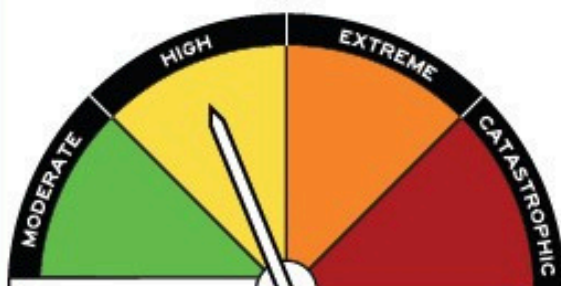
WWW.FIREDANGERRATINGS.COM.AU

YOUR FIRE RISK TODAY IS



BE READY TO ACT
UPDATED 25/09/2022

The Australian Fire Danger Rating levels are:



MODERATE

Plan and prepare

HIGH

Be ready to act

EXTREME

Take action now to
protect life and property

CATASTROPHIC

For your survival, leave
bushfire risk areas

The Australian Fire Danger Rating System (AFDRS) is informed by the new Fire Behaviour Index – a scale of fire danger that takes the latest in fire science and produces outputs across eight different fire behaviour models (compared to the previous two fire behaviour models). The system provides finer detail to support decisions about fire preparedness and bushfire suppression.

The Australian Fire Danger Rating System (AFDRS) Program has redesigned the forecasting of fire by:

- Improving the scientific accuracy behind fire danger predictions.
- Improving the way that fire danger is communicated.
- Providing government and industry with better decision-making tools.
- Reducing the costs associated with bushfire impacts.

For more information speak to:

Or visit: www.firedangerratings.com.au



The AFDRS is a national program funded by the Commonwealth and all the states and territories and delivered by local implementation teams.

The AFDRS is coordinated by NSW Rural Fire Service and AFAC (the National Council for Fire and Emergency Services), with support from the Bureau of Meteorology.

SCHOOL UPDATES

SCHOOL PREPARATIONS FOR THE BUSHFIRE SEASON

Each year, we undertake a range of activities to ensure the safety of our school and to prepare for bushfires and grassfires.

An important part of this process is communicating to parents what will happen when certain fire danger ratings are issued to help ensure the safety of students and staff.

Our school has been identified as being at risk of bushfire or grassfire and is a Category 3 school.

Our school will close on a day forecasted as Catastrophic fire danger rating in North Central fire district.

Closure of the school due to a Catastrophic fire danger rating will be enacted when the Bureau of Meteorology forecast and related public safety messaging are confirmed. Due to uncertainties in the forecast, the timing of this confirmation may vary. Information regarding potential or confirmed Catastrophic fire danger days will be communicated to you by letter sent home, uEducateUs & Facebook.

It is also important to be aware that:

- No one will be on site on days where the school is closed due to a forecast Catastrophic day.
- All bus routes that travel through the Catastrophic area will be cancelled.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for fire weather district in which the camp is located, or if the travel involves passing through areas that have Catastrophic fire danger.

As part of preparing our school for the fire season, we have updated and completed our Emergency Management Plan and completed maintenance works that may assist in preparing for the threat of fire and cleared our facility's grounds and gutters.

SCHOOL UPDATES

What can families and the school community do to help us prepare?

- Ensure we have your current contact details, including your mobile phone numbers.
- Keep in touch with us by reading our newsletters or by talking to your child's teacher or any other member of the teaching staff about our emergency management plan.
- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements if our school is closed due to Catastrophic fire danger. Further information can be found on the CFA's website.
- Action your family's bushfire survival plan if your own triggers are met. Our school community may be spread out across many areas and some families may be at higher risk than others. Your family's safety is critical, so please let us know if you are actioning your bushfire survival plan and if your children will be absent on these days.
- If your child is old enough, talk to them about bushfires and your family's bushfire survival plan.

Families are encouraged to action their Bushfire Survival Plan on Catastrophic fire danger rating days in their district. The safest option is to leave the night before or early on the morning of the Catastrophic day. On such days, children should never be left at home alone or in the care of older children.

You can find more information on emergencies, warnings and preparedness actions here:

- VicEmergency app – that can be downloaded on your android and iOS mobile devices
 - VicEmergency Hotline (1800 226 226)
 - Website <https://emergency.vic.gov.au>
- Facebook (<https://www.facebook.com/vicemergency>)
- Twitter (<https://twitter.com/vicemergency>)
- ABC local radio, Sky News and other emergency broadcasters

SCHOOL UPDATES



Frequently Asked Questions **What is the department's policy?**

The Department of Education annually assesses the fire risk of all schools and early childhood services with the support of the Commonwealth Scientific and Industrial Research Organisation (CSIRO). They are allocated a category of risk (categories 0 to 6). Schools and services that are Categories 0-3 are published on the Bushfire At-Risk Register (BARR). Schools at some risk of bushfire and grassfire are published on the Category 4 List.

The department's Bushfire and Grassfire Preparedness Policy requires all schools and early childhood services on the BARR and the Category 4 List to close when a Catastrophic fire danger rating day is forecast in their fire weather district. All school bus routes which travel in or through a district with Catastrophic fire danger must also be cancelled.

The policy also requires that schools at the highest risk of bushfire (those in Categories 0, 1 and 2 of the Bushfire At-Risk Register) enact pre-emptive action plans based on the fire danger forecast for their Local Government Area (LGA).

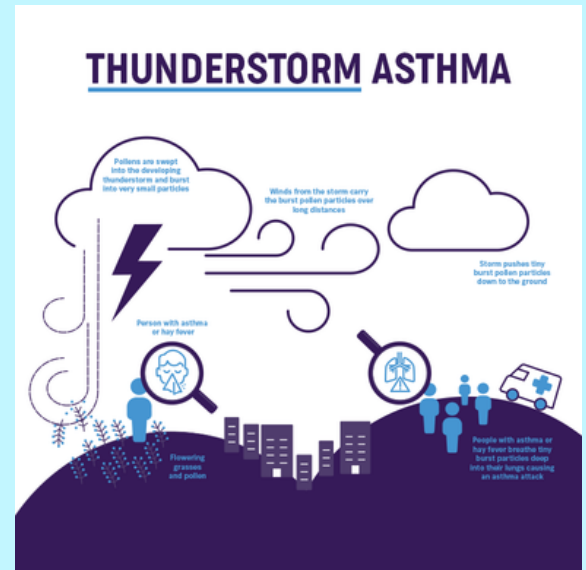
Who issues fire danger forecasts?

The Bureau of Meteorology (BoM) provides public fire danger rating forecasts each day of the fire danger period using fire weather district areas. In Victoria, there are 9 fire weather districts, which are based on Local Government Area boundaries.

The department uses these forecasts when supporting schools to enact their pre-emptive bushfire actions plans.

SCHOOL UPDATES

In Victoria, the grass pollen season usually runs from 1 October to 31 December. During this time, you may notice an increase in asthma and hay fever. The season also brings the chance of thunderstorm asthma. Thunderstorm asthma can occur when there is a lot of grass pollen in the air and a specific kind of thunderstorm. Grass pollen grains get swept up in the wind and carried for long distances. Some can burst open and release tiny particles that are concentrated in the wind gusts that come just before a thunderstorm. These particles are small enough for people to breathe deep into their lungs and can rapidly trigger asthma symptoms, even in those who have never had asthma before. When many people develop asthma symptoms over a short period of time during these conditions, it is known as epidemic thunderstorm asthma. You can protect yourself and those in your care by following these simple steps:



- Monitor the epidemic thunderstorm asthma risk forecast and adjust your day to make sure you avoid being outdoors when the storm arrives:
 - [Vic Emergency thunderstorm asthma forecast webpage](#)
 - download the VicEmergency app ([App Store](#) or [Google Play](#)) – you can set up a 'watch zone' for your location to receive advice and warnings about potential epidemic thunderstorm asthma events during the grass pollen season.
- Don't be outdoors in a thunderstorm, especially during the winds that precede it. Go inside and close your doors and windows. Turn off any air conditioner systems that bring air from outside into the home or car (including evaporative air conditioners) to avoid breathing in the small pollen particles.
- Take your preventative medication as directed, even when you're symptom-free.
- Know how to manage an asthma attack. Follow your asthma action plan or use [asthma first aid](#).

SCHOOL UPDATES



Every child deserves to feel safe, valued, and protected. At Timor PS we are committed to providing students and families with the tools they need to create secure environments.

Staying Safe Online

As technology becomes a bigger part of our children's lives, it's important to help them develop safe and responsible online habits. Here are some simple tips families can use at home:

- **Keep personal information private** – Remind children not to share their full name, address, phone number, passwords, or school details online.
- **Think before you click** – Encourage children to be cautious with links, pop-ups and messages from people they don't know.
- **Use strong passwords** – Create unique passwords and keep them private.
- **Be kind online** – The same rules for respect and kindness apply online as they do in person.
- **Talk to a trusted adult** – If something online makes a child feel uncomfortable, worried, or upset, they should tell a parent, carer or teacher straight away.
- **Set screen time boundaries** – Balance online activities with outdoor play, reading, family time and sleep.
- **Use privacy settings** – Check the privacy and safety settings on apps, games and devices regularly.
- **Stay involved** – Children are safer online when families take an interest in the games, websites and apps they use.

By working together, we can help our students enjoy the many benefits of technology while staying safe, respectful and responsible online.

SCHOOL UPDATES

MENTAL HEALTH & WELLBEING

KIMOCHIS INTRODUCING BUG

The Kimochis character Bug is afraid of change. He can feel shy and left out and scared to try new things. When he feels cautious, his wings are tucked away, but when he feels brave, he spreads his wings. Bug encourages the use of positive self talk to try something new or challenging and to "spread your wings and fly" with confidence and resilience!



USE KIMOCHIS AT HOME

- Share your positive self-talk, "I'm not giving up even though I am frustrated I can do this!"
- Suggest positive self-talk when you see your child is reluctant to try something new. Whisper in his/her ear, "Estelle, I know you can do it! Tell yourself, I can do it!"
- With your child, wonder aloud about times he/she used self-talk when challenged. "I noticed you stuck with [name the task or activity]. What did you say inside your head to help?"

WELLBEING CONTINUUM

During next week's assembly we will refresh students about the wellbeing continuum and how it can help us and others identify how our mental health and wellbeing is tracking. We will have new posters in our room to remind us.



SMALL GROUP SEL

Our Resilience group met for the last time before the holidays. We identified ways to deal with a problem after reading The Terrible Plop, reflected on some positive quotes and finished the session by making some banana and apple muffins!



SMALL GROUP SEL

We have been using the movie "Goat" to talk about strengths and teamwork. We used this teamwork to make strawberry icecream!



SCHOOL UPDATES

Wellbeing Continuum

At Timor Primary School, we use a Wellbeing Continuum to help students recognise how they are feeling and understand when they may need support.

GOOD

“I’m feeling good and ready to learn.”

I feel calm, connected and able to manage everyday challenges.

COPING

“I’m managing, but things are a little harder.”

I might feel worried, frustrated, tired or unsettled. I can use strategies and talk to someone I trust.

STRUGGLING

“I’m finding things difficult.”

My feelings are starting to affect my learning, relationships or ability to manage. I may need extra support from an adult.

OVERWHELMED

“I’m finding it really hard to cope.”

My emotions may feel very big and I may not be able to manage on my own. I need help from a trusted adult to feel safe and supported.

 Try it at home

Families can ask:

“Where are you on the wellbeing continuum today?”

There is no right or wrong place to be. Our feelings can change throughout the day, and sometimes we may move between different points on the continuum.

The important message for children is:

“You don't have to manage difficult feelings on your own. It's always okay to ask for help.”

WHAT'S BEEN HAPPENING

REGIONAL ATHLETICS

CONGRATULATIONS TO FLYNN LANDER WHO COMPETED IN THE REGIONAL ATHLETICS IN BENDIGO ON MONDAY 12TH OCTOBER IN THE 12/13 BOYS LONG JUMP, COMING IN 5TH PLACE.



Fight Cancer
FOUNDATION

FOOTY
COLOURS
DAY

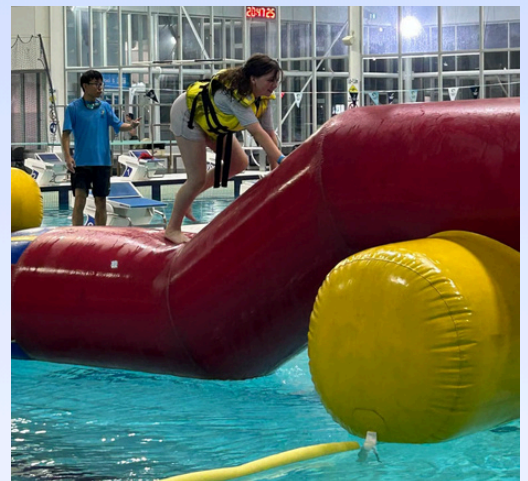
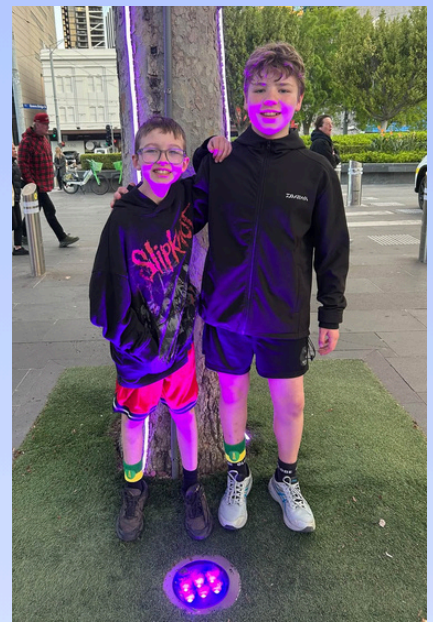


Students and staff came dressed in the favourite footy team colours as part of Footy Colours Day on Friday 18th September. Students and staff were asked to donate via the online portal on by providing a gold coin donation. The SRC also held a Footy Meal Deal lunch order on the day. All funds raised have been forwarded to the Fight Cancer Foundation.

WHAT'S BEEN HAPPENING

5/6 CYC MELBOURNE CAMP

STUDENTS IN YEARS 5/6 ATTENDED THE CYC MELBOURNE CAMP WITH STUDENTS AND STAFF FROM THE GOLDFIELDS SMALL SCHOOLS CLUSTER FROM MONDAY 5TH - WEDNESDAY 7TH OCTOBER. THE STUDENTS AND STAFF HAD A WONDERFUL TIME LEARNING AND EXPERIENCING CITY LIFE. THEY LEARNT ABOUT TRAIN AND TRAM TRAVEL AND SAFETY, VISITED THE MCG TOUR AND SPORTS MUSEUM, SWAM AT THE MSAC SPORTS FACILITY, VIEWED STREET ART, EXPERIENCED CHINA TOWN AND SOUTHBANK, PARTICIPATED IN ACTIVITIES AT ACMI AND THE CAMP CONCLUDED WITH A VISIT TO THE VIC MARKET.



UPCOMING EVENT

EBT

STUDENTS IN YEARS 4/6 HAVE STARTED PREPARING FOR THE 2026 ENERGY BREAKTHROUGH.

USING STUDENT VOICE, THE STUDENTS WANTED TO PARTICIPATE IN THE PUSHCARTS SECTION THIS YEAR. THE SCHOOL RECENTLY RECEIVED THEIR BRAND NEW CUSTOM BUILT PUSHCARTS, WORTH APPROXIMATELY \$4,8000.00.

THE STUDENTS HAVE STARTED TRAINING, LEARNING ABOUT THE DIFFERENT COMPONENTS OF THE PUSHCARTS, PULLING THEM APART AND PUTTING THEM BACK TOGETHER AND WORK ON THEIR PRESENTATION.



A BIG THANK YOU TO OUR SPONSORS:



UPCOMING EVENTS

CLUBS PROGRAM

STUDENTS IN P-3 WILL PARTICIPATE IN THE CLUBS PROGRAM FROM 2:10-3:10PM ON ALLOCATED FRIDAYS. MRS WOOD, MRS BEATON AND MS RAVEN WILL FACILITATE THE 3 MULTIAGE CLUBS. STUDENTS IN YEARS 4-6 WILL BE WORKING ON ENERGY BREAKTHROUGH TASKS.

CRICKET CLINICS

CRICKET VICTORIA ARE RUNNING CRICKET CLINICS WITH THE CLASSES IN CONJUNCTION WITH OUR P.E PROGRAM THIS COMING TUESDAY 20TH OCTOBER. THIS WILL BE A GREAT OPPORTUNITY FOR THE STUDENT TO LEARN FROM SOME CREDENTIALLED COACHES.

HIGHVIEW YR 7 TRANSITION

STUDENTS IN YEAR 6 THAT HAVE ENROLLED AT HIGHVIEW COLLEGE FOR YEAR 7 IN 2027 WILL BE ATTENDING A TRANSITION DAY ON WEDNESDAY 21ST OCTOBER. INDIVIDUAL FAMILIES HAVE RECEIVED THE RELEVANT DETAILS.

GSSC - PERFORMING ARTS DAY

STUDENTS AND STAFF WILL BE PARTICIPATION THE ANNUAL CLUSTER PERFORMING ARTS DAY TO BE HELD AT DUNOLLY PS ON TUESDAY 27TH OCTOBER. THE STUDENT WILL EXPERIENCES A RANGE OF WORKSHOPS ON THE DAY. FURTHER DETAILS TO BE PROVIDED.

SSG MEETINGS

PARENTS OF STUDENTS WITH AN INDIVIDUAL EDUCATION PLAN IN PLACE WILL BE INVITED TO ATTEND A STUDENT SUPPORT GROUP MEETING ON EITHER MONDAY 26TH OR WEDNESDAY 20TH OCTOBER. MEETINGS NEED TO BE BOOKED VIA THE UEDUCATEUS PLATFORM WHEN THEY BECOME AVAILABLE.

HALLOWEEN

DISCO



PRE SCHOOL
(0-5 YEARS)
4PM-5PM

\$5



JUNIOR
(PRIMARY SCHOOL AGE ONLY)
5PM-7PM

\$10



SENIOR
(HIGHSCHOOL AGE ONLY)
7:30PM-11:30PM

\$10

OCTOBER 30TH

★ **AT THE MARYBOROUGH RSL HALL** ★

**PRIZES FOR
BEST COSTUME!**

PROUDLY RUN BY

LEO'S



WORK AT THE VICTORIAN STATE ELECTION

THE VICTORIAN STATE ELECTION WILL BE HELD ON **SATURDAY 28 NOVEMBER 2026.**

THE VICTORIAN ELECTORAL COMMISSION (VEC) IS LOOKING FOR PEOPLE TO STAFF VOTING CENTRES IN PAID ROLES.

ROLES SUIT A RANGE OF SKILLS, EXPERIENCE AND AVAILABILITY. SOME INVOLVE SEVERAL WEEKS OF WORK BEFORE OR AFTER ELECTION DAY.

OTHERS ARE JUST FOR ELECTION DAY.

WORKING AT AN ELECTION IS A CHANCE TO:

- EARN EXTRA INCOME
- GAIN VALUABLE WORK EXPERIENCE
- MEET NEW PEOPLE
- SUPPORT YOUR COMMUNITY
- PLAY A ROLE IN VICTORIA'S DEMOCRACY.

THE VEC PROVIDES TRAINING AND SUPPORT. HEAR MORE ABOUT THE EXPERIENCE FROM CASUAL STAFF AT [YOUTUBE.COM/ELECTIONSVIC](https://www.youtube.com/electionsvic)

FIND OUT MORE AND REGISTER AT [VEC.VIC.GOV.AU/ELECTIONWORK](https://vec.vic.gov.au/electionwork)

TO HELP THE VEC PLACE YOU AT A LOCAL VOTING CENTRE, PLEASE

TAKE 2 EXTRA STEPS WHEN YOU APPLY:

1.WRITE OUR SCHOOL'S NAME IN THE FREE-TEXT SECTION OF YOUR APPLICATION

2.EMAIL WORKINGATELECTIONS@VEC.VIC.GOV.AU WITH OUR SCHOOL'S NAME TO CONFIRM YOU'VE REGISTERED.

IF YOU ARE A SCHOOL STAFF MEMBER INTERESTED IN THIS WORK, THE DEPARTMENT'S OTHER EMPLOYMENT POLICY AND CONFLICT OF INTEREST POLICY APPLY TO YOU. THIS INCLUDES THE REQUIREMENT TO DECLARE AND SEEK APPROVAL FOR EMPLOYMENT OUTSIDE THE DEPARTMENT, AS WELL TO DECLARE AND MANAGE ANY CONFLICT OF INTEREST THAT MAY BE CAUSED BY THIS FORM OF OTHER EMPLOYMENT.

FOR ENQUIRIES ABOUT STATE ELECTION EMPLOYMENT OPPORTUNITIES, CONTACT THE VEC AT WORKINGATELECTIONS@VEC.VIC.GOV.AU